

Contact us:

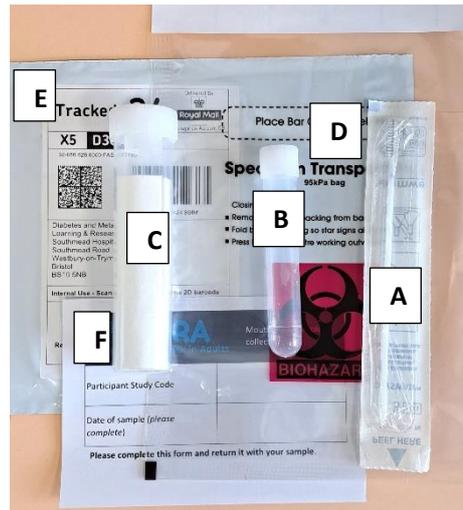
Email: t1dra-study@bristol.ac.uk

Website: t1dra.bristol.ac.uk

Mouth swab sample instructions

Kit Contents:

- A. Individually wrapped swab.
- B. Collection tube with sample liquid.
- C. Outer mailing tube with absorbent liner and stand lid.
- D. Specimen transport bag
- E. Return packaging.
- F. Sample return form.



Before collecting your sample, please make sure:

- You do not have food in your mouth.
- You have a sharp pair of scissors (not provided).
- You have a flat surface to stand the collection tube on.

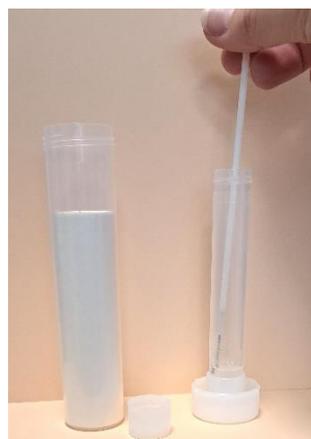
Collecting your sample:



- 1** Stand the collection tube in the lid of the mailing tube. The tube contains sample collection liquid, please do not discard or spill (**contains detergent – do not drink**).

- 2** Remove the swab from its packaging. Rub the swab firmly around the inside of your mouth - along the gums and on the inside of the cheeks. This should be done for approximately **30 - 40 seconds**.

- 3** Place the used swab sample into the liquid at the bottom of the collection tube.



- 4** Using sharp scissors, cut off the excess stick so that the swab will fit into the tube when closed. **Tightly close the lid.**



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Remove the collection tube from the stand/lid and place it into the mailing tube (lid end up).

Tightly close the mailing tube lid.



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Add the date the sample was collected to the sample return form and return with your sample.

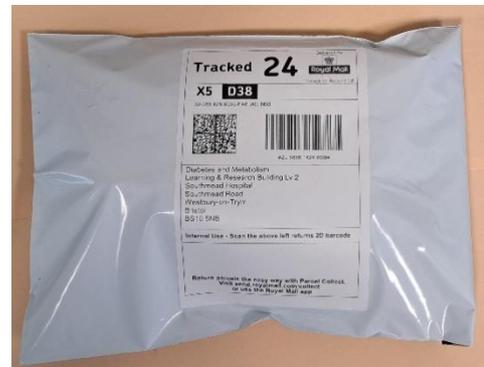
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Place the mailing tube in the specimen transport bag and seal shut. Place the bag and sample return form into the freepost return plastic envelope and seal closed.



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Return your sample in the normal postal as soon as possible.



Thank you very much for your help with T1DRA.

